

A Conversation with Alan Lorenzo

Traveling Bee Venom Therapist brings Bee Venom Therapy and training to his customers' homes in house calls throughout Westchester County and beyond.



bursitis, tendinitis, Lyme disease, MS, lupus, shingles, fibromyalgia, carpal tunnel, cancerous tumors, herniated discs, bone fractures, and injuries to the ankles, knees, hips, shoulders, elbows, and wrists. Virtually anyone can be helped by BVT with the ailments listed above. People that are severely allergic to bee venom can even be desensitized to it by injection with visits to an allergist's office, which is an FDA-approved treatment. With arthritis, though, once joints have become calcified, or if there is bone on bone with no cartilage left, there is little that BVT can do beyond temporary pain relief.

Q: How does Bee Venom Therapy work?

A: The healing potency of bee venom is initiated after a sting, when it stimulates the adrenal glands to produce cortisol, a natural human hormone that has anti-inflammatory properties. In addition, BVT jump starts the immune system to produce a healing response in the injured area, and also spurs the production of endorphins, the body's natural pain killer. The antibacterial and antiviral properties of bee venom make it a unique weapon in fighting bacterial and viral ailments of the central nervous system and elsewhere. The most remarkable characteristic of bee venom is the presence of the neurotransmitters dopamine, serotonin, and norepinephrine, which facilitate nerve transmission and healing in conditions involving nerve disorders. This gives bee venom

Q: What is Bee Venom Therapy?

A: Bee Venom Therapy (BVT) is the therapeutic application of honeybee venom, through live bee stings, to bring relief and healing for various spinal, neural, joint, or other muscular-skeletal ailments.

causes the bee to launch the stinger, and thus, making a hole in her abdomen. The average life span of a honeybee is 4 to 6 weeks, and stinging, for them, is a sacrificial act. The pain of the sting lasts about 2 minutes, and then tapers off to more of a dull ache.

Q: Do you actually put a bee up to your body and let/force it to sting you? Doesn't that hurt? Does the bee die?

A: When the abdomen of the honeybee touches your skin, a reflex action

Q: What types of people can be helped by Bee Venom Therapy? How do people respond to treatment?

A: Conditions responding to treatment include, but are not limited to: arthritis,

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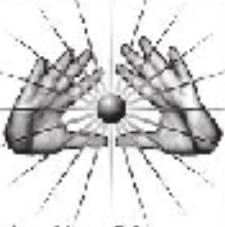
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the ability to travel along neural pathways from the spine, to various trigger points, and injured areas to help repair nerve damage and restore mobility. Lastly, bee venom has the ability to kill cancer cells and can make malignant tumors close to the skin surface disappear.



PHOTO BY CATHERINE CUMMING

Q: Walk us through a typical session? How many treatments are generally needed? And is it expensive?

A: There is no standard time frame with any ailment since people do respond differently because of the nature of the injury or disease, or their bodies. A mild case of elbow tendinitis can go away in one or two sting sessions, but a more aggravated case can take 3 or 4 months. For bee venom therapy, or training, I charge the same \$80 an hour rate. Training usually requires one or two sessions of approximately 3 hours each depending on the complexity of the ailment. The total investment for one training session could be a few hundred dollars including limited travel and supplies. Two training sessions for something like MS or Lyme disease could cost several hundred dollars. I do not train individuals how to do BVT unless they have an ailment, or are assisting someone who has one.

Q: Tell us about a success story you've had.

A: Last summer, I treated and trained a man with Bell's palsy in Orlando who had been suffering for 8 years with weekly attacks that entailed severe head and neck nerve pain. After the first sting session, an attack didn't return for 2 months, and then it was very mild. He did a few more sessions on his own, and now he is free of his Bell's palsy. Traditional medicine had no remedies for him.

Q: Wow, that's amazing. What else would you like our readers to know about your practice?

A: They can join up with others who have ailments and share the costs of a training session.

Q: Can people call you to see if Bee Venom Therapy is right for them?

A: I offer a free consultation over the phone to anyone that would like to inquire further at 203.322.7872. My website is [www. BeeWellTherapy.com](http://www.BeeWellTherapy.com), where there is a live bee venom therapy demonstration on Web TV (9 min.).



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